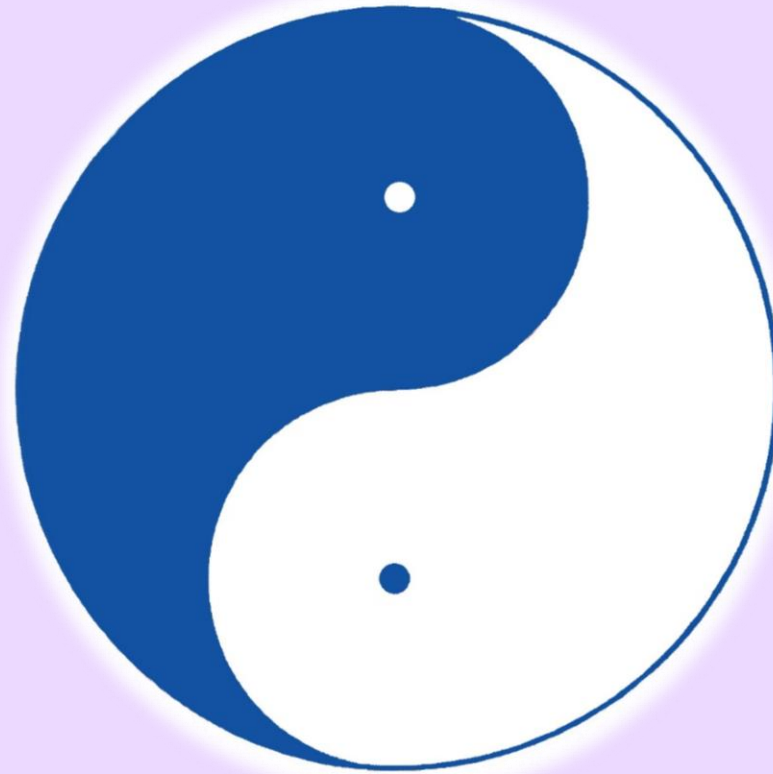


ADEPTSHIP

MYSTIC



ADEPT

“We are ready to transfer to you blessings and initiations and an impetus for greater life within your temple. I ask you, then, to study all that you know about what the adepts have taught, to do some form of yoga, some form of meditation, and to do so with the idea of entering into new octaves of consciousness. Yes, the continent of the mind is open to you but you will not enter in save you have the qualifications.”

--Saint Germain



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Adeptship Program



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ADEPTSHIP Resource List

Produced by the
Staff of Summit University

WHAT IS ADEPTSHIP?

You can think of adeptship as an optional but highly recommended step before making your ascension. Many ascended masters—Jesus, El Morya, Kuthumi, Djwal Kul, Padre Pio, Lanello and our dear Mother of the Flame—practiced adeptship prior to their ascension. **Simply put, an adept is one who uses God-controlled mastery to be a co-creator with God for greater service to life.**

You may have been co-creating with God for many years without even realizing it. Every time you make a treasure map, visualize God's light around a situation or ask God for a specific thing in your spiritual work, you are co-creating with God. Adepts enjoy this work, in part because they love working with their heart and mind together. They also like studying the great mysteries of God, meditating and pursuing God-controlled mastery of their four lower bodies. They are alchemists and scientists of the spirit in the truest sense. And they work for the greater good of mankind.

Over the years, the ascended masters have called their chelas to walk the path of adeptship. For example, in 1993 Saint Germain said:

We are ready to transfer to you blessings and initiations and an impetus for greater life within your temple. I ask you, then, to study all that you know about what the adepts have taught, to do some form of yoga, some form of meditation and to do so with the idea of entering in to new octaves of consciousness. Yes, the continent of the mind is open to you but you will not enter in save you have the qualifications.



—Saint Germain, *Pearls of Wisdom* Vol. 47 No. 52

We can take comfort in the fact that Saint Germain and other ascended masters would not have called us to become adepts if it wasn't possible for us today.



In 1993, Mother Mary gave us a practical definition of what it means to be an adept:

Adeptship is to be unmoved, to be in the center of the Tai Chi, to know oneself supremely as God but never as a human god—for God has displaced the human. This is your goal of union.

—Mother Mary, *Pearls of Wisdom* Vol. 36 No. 70

For decades, the ascended masters have admonished us to maintain our harmony and live our lives centered in the flame of God-control. By calling us to be unmoved no matter what, Mother Mary challenges us to take our striving to the next level and accelerate on the spiritual path that we are already walking. It's this very striving that leads us to the path of adeptship.

Adeptship, that magical calling from the ancient mystery schools and the Himalayan heights.... **May pursuing it be a magnificent new journey for you that deepens your spiritual walk in ways you've never dreamed of.** We wish you well on your path to adeptship! And if there is ever anything we can do to help you in your studies, please let us know.

Adeptship Topics

- Mastering the etheric plane and body
- Mastering the mental plane and body
- Mastering the emotional plane and body
- Mastering the physical plane and body
- Understanding—deeply—the path of initiation and the guru/chela relationship
- Mastering the spiritual sciences, such as alchemy, working with sound and thoughtforms, and becoming co-creators with elemental life
- Becoming comfortable with living the life of an adept and pursuing our own unique avenue for world service.

DICTATIONS

All dictations listed are available in audio from AscendedMasterLibrary.org. Some dictations are also published in the *Pearls of Wisdom* series available in other formats, as indicated in the table below.

LECTURES

Unless otherwise indicated, these lectures are available in audio from AscendedMasterLibrary.org. Wherever possible, additional

OTHER RESOURCES

This section contains a compilation of additional resources on the topic of adeptship. Most of these resources are available from The

MEDITATIONS

Unless otherwise noted, all meditations are available from The Summit Lighthouse online store (<http://store.summitlighthouse.org>) and from AscendedMasterLibrary.org.

COURSES

The following courses are all available online through SummitUniversity.org. Some courses require application and acceptance into specific programs within SU's School of Theology and Cultural Studies, as noted below. Certain courses also have required prerequisites.

BOOKS

Most books are available from The Summit Lighthouse online bookstore (<http://store.summitlighthouse.org>) or major booksellers, such as Amazon.com. Some books were previously released as a *Pearls of Wisdom*, which is indicated where necessary.

| RESOURCE | ETHERIC BODY | MENTAL BODY | DESIRE BODY | PHYSICAL BODY | THE PATH | SPIRITUAL SCIENCES | DAILY LIFE |
|---|--------------|-------------|-------------|---------------|----------|--------------------|------------|
| <i>Advanced Studies in Understanding Yourself</i> , Elizabeth Clare Prophet (Summit University Press, 2015) Audio: available in SU online course PSYS 1201 | X | X | X | X | | | |
| <i>Autobiography of a Yogi</i> , Parmahansa Yogananda (Self-Realization Fellowship, 1998) | | X | | | X | | X |
| <i>Creative Abundance</i> , Elizabeth Clare Prophet and Mark L. Prophet (Summit University Press, 1998) | | | | | | X | X |
| <i>Dossier on the Ascension</i> , Serapis Bey (Summit University Press, 1978) 1967 <i>Pearls of Wisdom</i> series | X | | | | X | X | |
| <i>Emotions</i> , Marilyn C. Barrick, Ph.D. (Summit University Press, 2002) | | | X | | | | |
| <i>Maitreya on Initiation: The Coming Buddha Who Has Come</i> , Elizabeth Clare Prophet (Summit University Press, 2006) 1975 <i>Pearls of Wisdom</i> series | X | | | | X | | |
| <i>Strategies of Light and Darkness</i> , Staff of Summit University (The Summit Lighthouse Library, 2002) | | | | | X | | X |
| <i>Meeting the Masters (Sacred Adventure Series Book 2)</i> , Staff of Summit University (Summit University Press, 2003) | | | | | X | | X |

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| <i>Creative Abundance</i>, Elizabeth Clare Prophet and Mark L. Prophet (Summit University Press, 1998) | | | | | | X | X |
| <i>Dossier on the Ascension</i>, Serapis Bey (Summit University Press, 1978) 1967 <i>Pearls of Wisdom</i> series | X | | | | X | X | |
| <i>Emotions</i>, Marilyn C. Barrick, Ph.D. (Summit University Press, 2002) | | | X | | | | |
| <i>Maitreya on Initiation: The Coming Buddha Who Has Come</i>, Elizabeth Clare Prophet (Summit University Press, 2006) 1975 <i>Pearls of Wisdom</i> series | X | | | | X | | |
| <i>Strategies of Light and Darkness</i>, Staff of Summit University (The Summit Lighthouse Library, 2002) | | | | | X | | X |
| <i>Meeting the Masters (Sacred Adventure Series Book 2)</i>, Staff of Summit University (Summit University Press, 2003) | | | | | X | | X |

WHERE TO START



Develop the heart and master the etheric body and plane.

An adept is first and foremost one who has developed the 12 virtues of the Christ in the heart. With this development comes great mastery in the areas of discernment and Christ-intuition, as well as a balanced threefold flame. An adept has restored wholeness to his etheric body and has also gained the mastery of fohat and the use of energy. The adept can then seek to increase the fire of the heart for greater world service.

START HERE:

- *Saint Germain's Heart Meditations I & II* MP3 album (M10025)
- "Chapter 5: Purification of the Memory," *Dossier on the Ascension*, Serapis Bey (Summit University Press, 1978)

Develop God-control of the mental body and master the correct use of the mental plane.

An adept has a sharp mind—sharp in its ability to contact and sustain a connection with the Mind of God. This allows the adept to maintain a positive mental attitude and victory consciousness. He can deal constructively with outer distractions and solve problems the Christ way. The adept uses the God-control of his mind for concentration, visualization and meditation. These skills allow him to work with thoughtforms and geometric patterns to co-create with God for victorious world service.

START HERE:

- "The Use of Thoughtforms in the Expansion of Consciousness," Mark L. Prophet, 4-10-71, see *Discourses on Cosmic Law I* MP3 album (M12001)
- RELS 0201 The Victory Way of Life (SU online extension course)
- "Give Me Your God-Controlled Attention!" El Morya, 4-19-92, *Pearls of Wisdom* Vol. 35 No. 19



Develop God-control of the desire body and learn how to work with the emotional plane for God good.

As Mother Mary said, "to be an adept is to be unmoved." Often, we feel moved in our emotional, or desire, body. But the adept knows that he must have God-control of his desire body so that he can remain unmoved no matter what comes his way. To gain this control, the adept has worked extensively to resolve his psychology and transmute all wrong desires. This means that he can perform greater world service by using his emotional body to broadcast or radiate the divine feelings of God to anyone at any time.

START HERE:

- *Understanding Yourself and Advanced Studies in Understanding Yourself* (Summit University Press, 1999 and 2015)
- RELS 0701 Unveiled Mysteries (SU online extension course)
- "The Ineffable Love of Our Oneness," Mother Mary, 12-24-93, *Pearls of Wisdom* Vol. 36 No. 70



Gain God-control of the physical body and mastery of the physical plane.

An adept has a certain strength and God-control of his physical body. He has gained this strength in part by learning how to control the flow of energy through his chakras and his aura. He practices some form of yoga and right diet to support his physical body. He also has developed mastery of the breath and uses it as a means to increase the flow of light through the physical body and physical plane.

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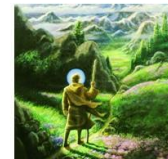
- "It Is Time to Put Full Attention upon the Physical Body," Babaji, 6-30-95, *Pearls of Wisdom* Vol. 47 No. 5
- "Balancing the Four Lower Bodies in the Mist and the Crystal," Djwal Kul, 4-17-92, *Pearls of Wisdom* Vol. 48 No. 6
- "Chapter 2: Planes of Consciousness," *The Path to Immortality* (Summit University Press, 2006)

Have a working knowledge of the path of initiation and the path of the adept.

An adept, as a high initiate of the Great White Brotherhood, understands the path of initiation. This includes the order of the initiations and how a true partnership with his guru can make all the difference in passing his tests. He is keenly aware of the tests will come and the powers and pitfalls that he must be on guard for in his life. He has learned lessons of success and failure from ancient and present history and knows how to protect himself as he continues to pursue his path.

START HERE:

- *The Chela and the Path: Keys to Soul Mastery in the Aquarian Age*, El Morya (Summit University Press, 1976)
- "Discipleship: Five Steps of Initiation under the Living Word," Elizabeth Clare Prophet, 8-14-88, *Pearls of Wisdom* Vol. 52 Nos. 1-6
- *The Masters and the Path*, C. W. Leadbeater (various publishers)



Become an alchemist and master the spiritual sciences.

Saint Germain on Alchemy tells us that an adept is "fully the alchemist." Cosmic law is his friend and he knows how to work within the planes of time and space and use cosmic law to fulfill his world service. An adept can work with the elementals, cosmology, astrology, sacred geometry, sound and the science of fohat to pursue his work.

START HERE:

- *Saint Germain on Alchemy*, Saint Germain (Summit University Press, 1993)
- META 0401 The Magic Power of Cosmic Law (SU online extension course)
- *The Science of the Spoken Word*, Mark L. Prophet and Elizabeth Clare Prophet (Summit University Press, 1984)

Be comfortable living a life of an adept and pursue your unique avenue of world service.

As a member of the Sons and Daughters of the Solitude, an adept knows that there are a few daily practices that help him to stay on his path of adeptship—regardless of where he lives or who he lives with. Modern-day challenges and pitfalls do not worry him, as he knows how to put on the whole armour of God each day for his important work. He recognizes that his unique avenue of world service comes under the hierarchy of one of the seven rays and he pursues it with great zeal.

START HERE:

- *Memories of Mark*
- *Strategies of Light and Darkness*
- *Darshan lecture #2*







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“Conversations on Adeptship” Video Series





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