

LEVEL I: VICTORY STUDENT FREE STUDY GUIDE



A companion to the Summit University Seminar "Claim the Victory Way of Life!"

July 6-10, 2017 - The Inner Retreat

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INTRODUCTION

Welcome to the first-ever Summit University seminar study guide! If you are reading this study guide, it is because you attended the SU Summer Seminar "Claim the Victory Way of Life!" in July 2017. Thank you for your attendance with us at the summer seminar. We hope that this study guide serves as a way to help you continue your SU experience and deepen your understanding and practice of Saint Germain's and Mighty Victory's teachings that were covered during the seminar.

What to Expect

You will see from the Table of Contents that we have laid out this study guide in 12 topics. Each topic relates to lectures and dictations that you heard and studied during the SU seminar and is designed to walk you through your workbook materials and notes in small manageable portions over a period of time.

You will find several sections in each topic:

- Assignments: a list of items you can read or review at the start of each topic
- Study Questions: three to five questions to help you focus on important points from your reading assignments
- Suggestions for Further Study: recommended books, lectures and dictations that relate to the topic
- Exercises: experiential assignments to help you work with a key aspect of the topic
- Victory Goal Reminder: a section in each topic dedicated to help you continue to pursue your SU Victory Goal, regardless of how close you are to completing it

Materials Needed

You will need your SU workbook and a copy of *Unveiled Mysteries* to complete this study guide. You may also want to use a physical or digital journal or notebook to record your observations and exercise experiences as you use this study guide.

Suggested Schedule

We have set up this study guide without any dates for each topic, so you can move as quickly or as slowly through each topic as you like. Each topic will take you about 2-4 hours to complete (not including the exercises that ask you to try something daily for a week or the suggestions for further study). You may want to complete one topic per week at the sprinter pace or take a more leisurely stroll pace of 1 topic per month. It is entirely up to you! Here is what these two paces would look like if you started September 1, 2017:

Topic	Sprinter Pace	Leisurely Stroll Pace
	(1 topic per week)	(1 topic per month)
1. Review of <i>Unveiled Mysteries</i> Lecture 1	Sept. 1-7, 2017	September 2017
2. Review of <i>Unveiled Mysteries</i> Lecture 2	Sept. 8-14	October 2017
3. Dictations by Godfre and Kuthumi	Sept. 15-21	November 2017
4. Review of <i>Unveiled Mysteries</i> Lecture 3	Sept. 22-28	December 2017
5. Review of <i>Unveiled Mysteries</i> Lecture 4	Sept. 29 – Oct. 5	January 2018
6. Dictation by Lord Lanto, "A Rescue Mission"	Oct. 6-12	February 2018
7. Review of Victory Lecture 1	Oct. 13-19	March 2018
8. Dictation by Lanello, "How to Ascend: Score a	Oct. 20-26	April 2018
Victory Each Day!"		
9. Review of Victory Lecture 2	Oct. 27 – Nov. 2	May 2018
10. Review of Dictation by Serapis Bey and Other	Nov. 3-9	June 2018
Victory Teachings		
11. Review of Victory Lecture 3	Nov. 10-16	July 2018
12. Dictation by Saint Germain, "For the Victory!"	Nov. 17-23	August 2018
Completed by	Nov. 23, 2017	August 31, 2018

As with any good course of study, we recommend that you commit to setting aside a specific time each week when you will work on this study guide.

How to Use This Guide

You are welcome to complete as many sections of each topic as you like. However, we do encourage you to attempt all sections in order to receive the greatest benefit from this study guide. Start by completing the assignments for the topic. Then work your way through the other items.

Note: You may want to review the exercise section right away, especially if you are on the "sprinter" pace, as it may ask you to practice a meditation or exercise daily for one week, which you may want to do as you complete the other study guide items for that topic.

Study with Friends!

Did you attend SU with some of your friends? Consider forming a study group either locally or online to work through the materials together and help hold yourself accountable to completing this study guide. When you reach the questions and exercises that require some self-reflection, you can put on some classical music and complete these questions individually in the group setting.

What if I Have Already Completed My Victory Goal?

We know that many of you left the SU seminar with such a Victory thrust, that you may have already completed your Victory Goal. If this is the case, we suggest that you select another goal that you would like to infuse with the flame of Victory and work on this goal as you use the study guide. Create a 12-Step Victory Blueprint for this new goal, using the notes in your

workbook. Start with the summary pages on pp. 133-135 and then refer to the more detailed information on each step as needed, which is most likely now located after the Action Plan on pp. 141-142.

A Note on Page Numbers

Unless otherwise specified, the page numbers in this study guide refer to your SU workbook from the seminar.

Have Fun and Have a Victory!

We at Summit University wish you a joyous and fulfilling cycle as you review your SU materials and gain deeper insight into how you can continue living the Victory Way of Life!

Always Victory!

MY PERSONAL STUDY SCHEDULE

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My chosen weekly/monthly study time is	
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Study Schedule

Use the table below to record when you will complete each topic. Then come back and check off that you have completed the topic when it is finished. You may want to mark these dates and your chosen study sessions on your calendar to remind you of them.

Topic	Complete By	Finished!
1. Review of <i>Unveiled Mysteries</i> Lecture 1		
2. Review of <i>Unveiled Mysteries</i> Lecture 2		
3. Dictations by Godfre and Kuthumi		
4. Review of <i>Unveiled Mysteries</i> Lecture 3		
5. Review of <i>Unveiled Mysteries</i> Lecture 4		
6. Dictation by Lord Lanto, "A Rescue Mission"		
7. Review of Victory Lecture 1		
8. Dictation by Lanello, "How to Ascend: Score a		
Victory Each Day!"		
9. Review of Victory Lecture 2		
10. Review of Dictation by Serapis Bey and Other		
Victory Teachings		
11. Review of Victory Lecture 3		
12. Dictation by Saint Germain, "For the Victory!"		

TOPIC 1 **Review of Unveiled Mysteries Lecture 1**

Assignment

- 1. Re-read *Unveiled Mysteries* Chapter 1.
- 2. Review the key points, your notes and the discussions and exercises from Mrs. Prophet's lecture on this first chapter (pp. 7-16).
- 3. Complete any exercises that you have not already completed for this portion of your workbook (pp. 7-16).

Stı

udy	Questions
1.	Based on the key points and your notes for Excerpt 1, would you encourage a new Keeper of the Flame to read any of the I AM books? Why or why not? (p. 7)
2.	What is said to be "the most unguarded point of the human consciousness" in Excerpt 27 Why does this point need to be guarded? (p. 8)
3.	Summarize Saint Germain's teaching on the constructive use of desire, which is listed in the key points for Excerpt 2. (p. 9)
4.	In Excerpt 3, Mrs. Prophet gave many descriptions about the white light—what it does, how it feels, etc. Capture these descriptive properties in a word picture. (pp. 11-12)

Suggestions for Further Study

1. Lecture: Mark L. Prophet, "How to Obtain Christhood through Purifying Your Thoughts and Feelings," available on *Discourses on Cosmic Law 4* mp3 album and AscendedMasterLibrary.org

Exercise: Saint Germain's Exercise for Controlling Thoughts and Feelings

Review your notes on Saint Germain's exercise for Controlling Thoughts and Feelings (pp. 13-16). Practice this exercise daily for one week. (You may wish to give the exercise more than once a day, as Saint Germain recommends.) During this week, observe your thoughts and feelings. Are there changes in how you feel or think about something specific in your life, such as a problem or challenge? Do you notice a general shift in your feelings or thoughts? Are you better able to keep your thoughts and feelings in check when adversity arises? You may want to journal about your experiences daily to keep a record of your progress.

At the end of the week, ask yourself, "Do I feel a greater control over my thoughts and feelings? What changes have I observed in my life as a result of this exercise?" Then reflect on the usefulness of this exercise for you at this time on your spiritual path and consider if you would like to incorporate it in some way into your daily spiritual practices.

Victory Goal Reminder

Reflection

Review your Victory Goal (pp. 1-2) and Action Plan (pp. 141-142) that you created and started working on during the Summit University seminar. Are you still on track to achieve your Victory Goal? Use the following questions as a guide to help you make further progress.

1. Why is my goal important to me? How will achieving my goal make a difference in my life and/or the lives of others?

2. Which step of the 12-Step Victory Blueprint am I on? Why do I believe I am on this step of the spiral?

3. What, if anything, have I learned while reviewing Topic 1 that I can incorporate into pursuing my Victory Goal?	
Action	
Now identify the next 2-3 actions that you can take towards achieving your give yourself dates that you commit to completing these action steps to help	
Action Step	Complete By
1.	
2.	
3.	

TOPIC 2 Review of Unveiled Mysteries Lecture 2

Assignment

- 1. Re-read *Unveiled Mysteries* Chapter 2.
- 2. Review the key points, your notes and the discussions and exercises from Mrs. Prophet's lecture on this chapter (pp. 17-26).
- 3. Complete any exercises that you have not already completed for this portion of your workbook (pp. 17-26).

Stu

udy	Questions
1.	From Excerpt 1, how do we learn how much of the Word we have assimilated? (p. 17)
2.	What does Saint Germain teach Godfré about eternal youth in Excerpt 2? (p. 20)
3.	In Excerpt 4, how often does Saint Germain encourage us to acknowledge the one source of all Good—God? Why? (p. 22)
4.	In Excerpt 4, Mrs. Prophet also explains why having a sense of self-worth is important and gives several instructions for how to achieve this. Summarize these points. (p. 23)

Suggestions for Further Study

1. Lecture: Mark L. Prophet, "Thoughts Are...," available on *Discourses on Cosmic Law 1* mp3 album and AscendedMasterLibrary.org

Exercise: Review and Reflection on Points of Self-Mastery

Turn to the Reflection Exercise on pp. 24-26 of your workbook. Using a different colored pen or pencil, re-answer questions 1-5 and rate yourself on how you feel you are doing on each point of self-mastery as of today. Then review and reflect on your answers to all of the questions (1-7) from the summer versus your revised answers. Have you made any progress on these important points since the summer seminar? Are there any changes you would like to make in your life based on your results? Record you answers to these questions on p. 27 or on a separate sheet of paper.

Victory Goal Reminder

Reflection

1. What, if anything, have I learned while reviewing Topic 2 that I can incorporate into pursuing my Victory Goal?

Action

Now identify the next 2-3 actions that you can take towards achieving your Victory Goal. Give yourself dates that you commit to completing these action steps to help you stay on track.

Action Step	Complete By
1.	
2.	
3.	

TOPIC 3 Dictations by Godfre and Kuthumi

Assignment

- 1. Read Godfre's dictation on "Allegiance to the Honor of God," *Pearls of Wisdom* Vol. 27 No. 50, October 14, 1984 (pp. 177-182).
- 2. Read Kuthumi's dictation entitled, "Drink In the All-Enfolding Radiance of Your Own Mighty I AM Presence," *Pearls of Wisdom* Vol. 50 No. 19, October 1, 2007 (workbook pp. 183-186). *Note: This dictation was not played during the summer seminar, but has been included in your workbook for your study as it relates to the I AM Presence.*

Study Questions

1.	In the beginning of his dictation, what does Godfre say is the way to our victory? (p. 177)	Why?

2. What does Godfre say that we do to close the door to opportunity? What are some consequences of these actions? (p. 179)

3. Godfre states that the "greatest single obstacle to the Path" is what? Why? (p. 180)

4.	Towards the beginning of his dictation, Kuthumi says that "The Great White Brotherhood desires only" what? (p. 183)
5.	Throughout Kuthumi's <i>Pearl</i> , Kuthumi offers keys and imagery to help us realize how we can drink in the all-enfolding radiance of the Presence. One example might be to "place your hand firmly within the hand of God" (p. 183). Make a list of some of these keys and imagery.
gge	stions for Further Study
1.	Consider listening to both of these dictations by purchasing them from

Sus

- AscendedMasterLibrary.org. Search for Godfre (dictation given 7/6/1984) and Kuthumi (dictation given 12/29/1962).
- 2. Godfré Ray King, *The Magic Presence* (Saint Germain Press, multiple editions)

Exercise: Placing Attention on Our I AM Presence

During his dictation, Godfre gives us several practical suggestions for how to regularly place our attention on our I AM Presence, despite our outer responsibilities. Review these suggestions and select one to put into practice in your daily life. Start with one week and keep a daily journal of your experiences doing this. After a week, evaluate and adjust your daily practice. Strive to maintain your selected practice as you complete the rest of this study guide (and beyond!).

Victory Goal Reminder

Reflection

1. What, if anything, have I learned while reviewing this topic that I can incorporate into pursuing my Victory Goal?

Action

Identify the next 2-3 actions that you can take towards achieving your Victory Goal. Give yourself dates that you commit to completing these action steps to help you stay on track.

Action Step	Complete By
1.	
2.	
3.	

TOPIC 4 Review of Unveiled Mysteries Lecture 3

Assignment

- 1. Re-read *Unveiled Mysteries* Chapter 3.
- 2. Review the key points, your notes and the discussions and exercises from Mrs. Prophet's lecture on this chapter (pp. 27-38).
- 3. Complete any exercises that you have not already completed for this portion of your workbook (pp. 27-38).

Stı

udy	udy Questions		
•	Summarize Saint Germain's teaching on wealth from Excerpt 2 in your own words. (p. 28)		
2.	In the section "Saint Germain's Teaching on Visualization" from Chapter 3 of <i>Unveiled Mysteries</i> , what does Saint Germain say "true visualization" is? (p. 30)		
3.	In the same section, what point does Saint Germain make about motive as it relates to visualization and precipitation? (p. 30)		
4.	Finally, how does Saint Germain define use, desire and appetite? (p. 30)		

Suggestions for Further Study

- 1. Lecture: Mark L. Prophet, "The Use of Thoughtforms in the Expansion of Consciousness," available on *Discourses on Cosmic Law 1* mp3 album and AscendedMasterLibrary.org
- 2. Mark L. Prophet and Elizabeth Clare Prophet, *Saint Germain on Alchemy* (Summit University Press, 1984)

Exercise: Practicing Visualization

For many people, the skill of visualization takes practice. As you study this topic, carefully review Saint Germain's teaching on visualization in your workbook pp. 30-32. (If you have not yet made notes on this teaching, now is a great time to do this.) After reviewing this teaching and your notes, select a goal, project or desire that you believe would benefit from greater visualization that leads to precipitation. Set aside some time when you will not be disturbed and walk through the exercise beginning on p. 36 of your workbook.

Then reflect on how this went for you. Was this exercise difficult or easy for you? Do you feel that you have you confidently mastered the skill of visualization, or do you see some room for improvement? If there is some room for improvement, what is one thing you could do to help increase your mastery in this area? (For example: If you have trouble clearly picturing items in your mind's eye, you could make a collection of pictures that you could use in your next visualization session.)

After your initial visualization session, you may want to continuing practice visualizing the manifestation of your goal, project or desire in the morning upon arising and at night before retiring and keep a journal of your experiences with this process.

Victory Goal Reminder

Reflection

Now that you have been working towards your Victory Goal for a few weeks or months, it is a great time to check in on your progress. Are you still on track to achieve your Victory Goal? Use the following questions as a guide to help you make further progress.

- 1. Take a moment to reflect on why achieving your Victory Goal is important to you. How will achieving this goal impact your life and/or the lives of others?
- 2. Do you still feel the flame of Victory pulsating through your goal? If not, what can you do to increase this feeling of Victory in your work towards your goal?

3.	not? What changes or adjustments, if any, do I need to make at this	•
4.	Which step of the 12-Step Victory Blueprint am I on? Why do I belief of the spiral?	ieve I am on this step
Action		
	entify the next 2-3 actions that you can take towards achieving your V lf dates that you commit to completing these action steps to help you	
Actio	n Step	Complete By
1.		
2.		
3.		

TOPIC 5 Review of Unveiled Mysteries Lecture 4

Assignment

- 1. Re-read Unveiled Mysteries Chapter 4.
- 2. Review the key points, your notes and the discussions and exercises from Mrs. Prophet's lecture on this chapter (pp. 39-44).
- 3. Complete any exercises that you have not already completed for this portion of your workbook (pp. 39-44).

Study Questions

1.	In Excerpt 1, why are we told that it is important to train ourselves to never be surprised, disappointed or hurt? (pp. 39-40)

2. In Excerpt 2, what reason does Mrs. Prophet give for why *Unveiled Mysteries* was written? (p. 43)

3. What "danger of the path of Adeptship" does Mrs. Prophet identify in Excerpt 2? Why is it dangerous to our spiritual progress? (p. 43)

Suggestions for Further Study

- 1. Read the rest of *Unveiled Mysteries* as you continue to go through this study guide.
- 2. SU online extension course: RELS 0701 Unveiled Mysteries (available for purchase at http://summituniversity.org/StudyRELS0701; use coupon code STUDY20 by August 31, 2018 to receive a 20% discount)

Exercise: Reflection on Feelings Training

Turn to the Reflection Exercise on pp. 41-42 of your workbook on training ourselves to not be surprised, disappointed or have our feelings hurt. Using a different colored pen or pencil, reanswer questions 1-3 and rate yourself on how you feel you are doing with each question as of today. Then review and reflect on your answers from the summer versus your revised answers. Have there been any significant changes? Are there any changes you would like to make in your life based on your results? Record you answers to these questions on p. 42 under the last question or on a separate sheet of paper.

Victory Goal Reminder

Reflection

1. What have I learned while studying this topic that I can incorporate into pursuing my Victory Goal?

Action

Identify the next 2-3 actions that you can take towards achieving your Victory Goal. Give yourself dates that you commit to completing these action steps to help you stay on track.

Action Step	Complete By
1.	
2.	
3.	

TOPIC 6 Dictation by Lord Lanto, "A Rescue Mission"

Assignment

- 1. Read Lord Lanto's dictation: "A Rescue Mission: Know Empowerment through the Names of God," *Pearls of Wisdom* Vol. 38 No. 2, January 8, 1995 (pp. 187-192).
- 2. Use a dictionary to define any words that are unfamiliar to you in the dictation. You may want to write the definitions in the margins of the *Pearl*.

Study Questions

1.	Part-way through the dictation, Lord Lanto states that "Thus you and I and the hosts of
	the Lord in all octaves are on a rescue mission." What is this "rescue mission" and how
	are we a part of it? How can we engage more fully in this mission? (p. 188)

2. How can knowing and reciting the names of God help us on our spiritual walk according to Lord Lanto? (pp. 188-189)

3. What must we do in order for Lord Lanto to "receive" us? What promise does he make at the end of his dictation? (p. 190)

4. When studying *Pearls of Wisdom*, Mrs. Prophet encouraged Summit University students to look for *dispensations*—specific gifts of assistance from the ascended masters—and *admonishments*—words of caution or correction. Re-read Lord Lanto's dictation again and look specifically for any dispensations and admonishments. (You can find some examples below.) You may wish to highlight these items in different colors, or make two lists using the table below. (Note: There may be many more admonishments than dispensations in this dictation.)

Dispensations	Admonishments
"I AM Lanto, your mentor at hand. Call me. I will be there." (p. 190)	"Exercise your free will judiciously" (p. 188)

Suggestions for Further Study

- 1. Consider re-listening to this dictation by purchasing it from AscendedMasterLibrary.org. Search for Lanto (dictation given 12/30/1994).
- 2. Song 171, "Come, Holy Dove! Mystical Union through the Names of God," available from AscendedMasterLibrary.org.
- 3. Ascended Master Saint Germain, *I AM Discourses* (Saint Germain Press)

4. Maha Chohan, "Come, Holy Dove! Mystical Union through the Names of God," *Pearls of Wisdom* Vol. 38 No. 10, March 5, 1995. Available from Ascended Master Library.org (search for dictation date 1-1-95).

Exercise: Chant the Names of God

In this dictation, Lord Lanto said, "Know the names of God and you will truly dwell in the Holy Spirit. Recite or chant the names of God in this order and you shall one day be admitted to the Holy of holies: *Adonai, El Hai, Shaddai, Elohim Tzevaot, Adonai Tzevaot, Adonai, Elohim, El, Elohim, Yah, Ehyeh Asher Ehyeh, I AM THAT I AM.*" Take a few minutes each day as you study this topic to recite or chant these names of God. Use the pronunciation key given in Endnote 5 of the *Pearl of Wisdom* (p. 191). You may wish to record your experiences with this practice in your journal.

Victory Goal Reminder

Reflection

1. What have I learned while studying this topic that I can incorporate into pursuing my Victory Goal?

Action

Identify the next 2-3 actions that you can take towards achieving your Victory Goal. Give yourself dates that you commit to completing these action steps to help you stay on track.

Action Step	Complete By
1.	
2.	
3.	

¹ Lord Lanto, "A Rescue Mission: Know Empowerment through the Names of God," *Pearls of Wisdom* Vol. 38 No. 2, January 8, 1995, (workbook p. 189).

TOPIC 7 Review of Victory Lecture 1

Assignment

- 1. Read Mighty Victory's dictation: "Victory's Way of Life," *Pearls of Wisdom* Vol. 43 No. 2, January 9, 2000 (pp. 45-50).
- 2. Review the key points, your notes and the discussions and exercises from Mrs. Prophet's lecture on this dictation, titled "Victory Lecture 1" (pp. 51-64).
- 3. Review your notes from "The Science of Energy Flow" workshop and "Mrs. Prophet's Assignment." (workbook pp. 65-68).
- 4. Complete any exercises that you have not already completed for this portion of your workbook, including Mrs. Prophet's Assignment (pp. 51-64).

Study Questions

1.	In the Pearl section titled, "Welcome Adversity and Laugh at It," how long does Mighty
	Victory tell us that we need to wait for our victory? Why? (pp. 48-49)

2. In the key points for Part 1, Mrs. Prophet said that when you have a balanced threefold flame in your heart, this may not necessarily be reflected as balanced in your four lower bodies. What does this mean? What can we do to achieve a balanced threefold flame in each of our four lower bodies? (p. 51)

3. What does Mrs. Prophet say in Part 2 is "the only thing that stands between us and the attainment of Mighty Victory"? Where does Mighty Victory stress that we need to have the "feeling of victory"? Why? (p. 51)

4.	In Part 3, which quality does Mrs. Prophet identify as "a great generator of energy"?
	How can we increase this quality? (p. 57)

5. In Part 4, Mrs. Prophet tells us that victory is *not* what type of "condition"? What does this mean? (pp. 57-58)

Exercise: Primp the Pump of Your Feelings

Mighty Victory emphasizes the importance of *feeling* victory in your being, especially in your feeling world. But how do you do this? Mrs. Prophet gave an example of how to accomplish this in Victory Lecture 1:

Now I don't know whether you really pause in your day, but there should be moments before you leave your body at night when you feel God, when you sense the glow of his love and you begin to feel it. What triggers feeling? How do you suddenly start feeling love?

It's a cup in the consciousness, a thoughtform. Think of Mother Mary or the Masters and think of your attunement with them through the dictations. If you think of their love for us, your thoughts prime the pump of your feelings and your feelings will follow the matrix you produce out of your etheric body and out of your mind.²

For this exercise, choose an ascended master whom you feel close to. Take a few minutes to think about this master and why you feel close to him or her. Think about your attunement to this master through the dictations. Think about how much this master loves you and how much you love him or her. Allow your thoughts to prime the pump of your feelings of love, by visualizing pink rays of love flowing from your heart to this master and then returning from the master's heart to you. Tangibly feel this love enfold and surround you and let this feeling intensify in your being and prime the pump of your feelings. Seal your exercise by sending a wave of gratitude to this master for all that he or she has done for you.

You may wish to write about your experience in your workbook or journal.

² Elizabeth Clare Prophet, "Mother Teaches Summit University: Mighty Victory on the Four Lower Bodies and the Threefold Flame," *Pearls of Wisdom* vol. 43 no. 4, January 23, 2000.

Suggestions for Further Study

- 1. Consider re-listening to this dictation, which is available on *The Mandate of Victory* mp3 companion album, and through AscendedMasterLibrary.org. Search for Victory (dictation given 7/7/1968).
- 2. Mrs. Prophet's lecture has been published in the *Pearls of Wisdom* Vol. 43 Nos. 3-5.
- 3. Additional teaching on the four lower bodies can be found in *Advanced Studies in Understanding Yourself* by Elizabeth Clare Prophet.
- 4. See *Saint Germain on Alchemy* (1993) by Mark and Elizabeth Clare Prophet *Book Three* for "A Trilogy on the Threefold Flame of Life."

Victory Goal Reminder

Reflection

Once again, it is time to check in on your Victory Goal progress. Maybe you have completed your goal by this point. If that is the case, consider starting another Victory Goal. Use the following questions as a guide to help you make further progress.

llow	ying questions as a guide to help you make further progress.
1.	Reflect on how you will feel when you achieve your Victory Goal. What will be different in your life and in the lives of those around you?
2.	Which step of the 12-Step Victory Blueprint am I on? Why do I believe I am on this step of the spiral?
3.	Do I feel that I am on track with pursuing my Victory Goal at this time? Why or why not? What changes or adjustments, if any, do I need to make?

4. What affirmation or fiat from Mighty Victory's dictation will help m steps of my Goal?	ne with my current
Action	
Identify the next 2-3 actions that you can take towards achieving your V yourself dates that you commit to completing these action steps to help you	
Action Step	Complete By
1.	
2	
2.	
3.	

TOPIC 8

Dictation by Lanello, "How to Ascend: Score a Victory Each Day!"

Assignment

1. Read Lanello's dictation: "How to Ascend: Score a Victory Each Day!" *Pearls of Wisdom* Vol. 35 No. 10, March 8, 1992 (pp. 193-202).

Study Questions

1.	Early on in his dictation, Lanello uses the metaphor of a "flight of steps" to teach us how
	to ascend. What important keys can we learn about the process of ascending from his use
	of this metaphor? (pp. 194-195)

2. What does Lanello say is "the very first principle of the ascension"? What can happen to us if we do not embody this principle? (p. 194)

3. How often does Lanello say we should "score a victory"? Why? What advice does he give us so that we can do this? (p. 196)

4. What does Lanello believe is the difference between those who have the Teachings of the Ascended Masters and ascend, and those who do not? What did Lanello mean by this difference factor? (p. 198)

5. What does Lanello say is "the most powerful force in your world"? What can this force do? (pp. 198-199)

Exercise: A Single Point of Mastery

Lanello gives us many admonishments and keys for walking the path of the ascension in his dictation. In this exercise, we are going to focus on one point that we would like to implement in our lives.

Before beginning this exercise, take a moment to connect and commune with your Holy Christ Self and your I AM Presence. You may choose to send a ray of love to your I AM Presence and then feel this ray of love return to you. With this connection established, begin rereading Lanello's dictation. As you read, ask your Holy Christ Self to show you a single point or key that would be helpful for you to implement in your life at this time. Circle or mark this key in your workbook and then make a call to your Christ Self and beloved Lanello to ask for guidance in how to implement this key in your life. Close your eyes and listen for the answer. Then send a wave of gratitude to your I AM Presence and beloved Lanello for their guidance and love.

Begin to implement this key into your life over the next week and continue to ask for inner guidance. You may wish to re-read the passage from the dictation that you marked daily for inspiration, as well as record your realizations in your journal. Determine to work on your chosen key through your daily devotions and other efforts until you feel you have achieved this single point of mastery.

Suggestions for Further Study

- 1. Consider re-listening to this dictation, which is available through AscendedMasterLibrary.org. Search for Lanello (dictation given 3/1/1992).
- 2. For additional teachings on the ascension, see *Dossier on the Ascension* by Serapis Bey (1978).
- 3. SU online mini extension course: ME 01 What Is the Ascension? (available for purchase at http://summituniversity.org/StudyME01)
- 4. SU online extension course: META 0401 Ascension: The Goal of Life (available for purchase at http://summituniversity.org/StudyMETA0410; use coupon code STUDY20 by August 31, 2018 to receive a 20% discount)

Victory Goal Reminder

Reflection

1. What have I learned while studying this topic that I can incorporate into pursuing my Victory Goal?

Action

Identify the next 2-3 actions that you can take towards achieving your Victory Goal. Give yourself dates that you commit to completing these action steps to help you stay on track.

Action Step	Complete By
1.	
2.	
3.	

TOPIC 9 Review of Victory Lecture 2

Assignment

- 1. Read Mighty Victory's dictation: "A Spiral for Christ Victory," *Pearls of Wisdom* Vol. 43 No. 13, March 26, 2000 (pp. 87-92).
- 2. Review the key points, your notes and the discussions and exercises from Mrs. Prophet's lecture on this dictation, titled "Victory Lecture 2" (pp. 93-102).
- 3. Complete any exercises that you have not already completed for this portion of your workbook (pp. 7-16).

Study Questions

ıay	Questions
1.	At the beginning of his dictation, what does Mighty Victory say is "the consciousness of victory"? How can we retain this consciousness or "awareness of victory"? (p. 87)
2.	In the key points for Part 2, what dispensation does Mrs. Prophet say that we can call for daily? How specifically can this dispensation help us? (p. 94)

3. Mrs. Prophet discusses the concept of polarity in the key points for Part 3. What is the "philosophy of the fallen ones" regarding evil and polarity? Who is God in polarity with? (p. 96)

4. In the Part 4 key points, what does Victory want to have us "wake up" from? What other master called us to "wake up" from this? (p. 98)

5. Mrs. Prophet says in Part 5 that "the only time that the forces of darkness...can take from you your victory is" when? (p. 99)

Exercise: Assimilating a Thoughtform of Victory

During the seminar, you were asked to identify thoughtforms of Victory in Mighty Victory's first two dictations, and then select one thoughtform that you would like to remember and assimilate into your consciousness. This is important spiritual work, because it can help you shift your attention from unreality to the Reality of God and Victory.

For this exercise, choose either your summer thoughtform or a new one. Set aside some quiet time to meditate on this thoughtform and practice your visualization skills, picturing this thoughtform in your mind's eye with as much detail as possible. (You may wish to draw this thoughtform or gather photographs of it to help you visualize it more clearly.) Seal your mediation with the Mighty Victory's fiat to claim your victory on p. 89 (bold italicized text at the top of the page) and then record your experiences in your workbook or journal.

Repeat this meditation as many times as you like. You may also wish to visualize your chosen thoughtform as you give your decrees, especially decrees to Mighty Victory.

Suggestions for Further Study

- 1. Consider re-listening to this dictation, which is available on *The Mandate of Victory* mp3 companion album, and through AscendedMasterLibrary.org. Search for Victory (dictation given 12/29/1974).
- 2. Mrs. Prophet's lecture has been published in the *Pearls of Wisdom Vol.* 43 Nos. 14-15.
- 2. Lecture: Mark L. Prophet, "You Have the Power to Create!" available on *Sermons for a Sabbath Evening 2* mp3 album and AscendedMasterLibrary.org

Victory Goal Reminder

Reflection

1. What have I learned while studying this topic that I can incorporate into pursuing my Victory Goal?

Action

Identify the next 2-3 actions that you can take towards achieving your Victory Goal. Give yourself dates that you commit to completing these action steps to help you stay on track.

Action Step	Complete By
1.	
2.	
3.	

TOPIC 10

Review of Dictation by Serapis Bey and Other Victory Teachings

Assignment

- 1. Read Serapis Bey's dictation: "Persevere! And You Shall Win!" The Radiant Word, published in *Pearls of Wisdom* Vol. 15 Nos. 37, 38 and 40, 1972 (pp. 203-206).
- 2. Review the key points and your notes from Mark Prophet's lecture titled "The Miracle of Joy" (pp. 143-144).
- 3. Review the key points, your notes and the discussions and exercises from Mark Prophet's lecture titled "The Majestic Sense of Victory" (pp. 145-148).
- 4. Complete any exercises that you have not already completed for this portion of your workbook (pp. 145-147).

Stu

ıdy	Questions
1.	At the beginning of his dictation, what does Serapis Bey say is the "challenge" given to every chela and would-be disciple? (p. 203)
2.	When does Serapis say we should persevere? (p. 203)
3.	What "vision fair" does Serapis tell us to hold towards the end of his dictation? (p. 205)
4.	In Mark Prophet's lecture on "The Miracle of Joy," what does he say is the "only way we can survive in the world"? (p. 143)
5.	In his lecture on "The Majestic Sense of Victory," what "secret" does Mark Prophet share? (p. 145)

6. In the same lecture, where does he say that we have to look for the majestic sense of victory? (p. 146)

Exercise: Create a Personal Victory Star

In your workbook on p. 147, you will see a diagram of Mighty Victory's six-pointed star. Recreate this star in some way that is meaningful to you. You might want to draw it or make a painting of it. You could also build it out of objects you find in nature, or even balloons! As you create your personal victory star, you may want to give Victory mantras or sing to Mighty Victory to infuse your star with his flame. When you are finished, place your victory star somewhere where you will see it every day to remind you of your majestic sense of victory!

Suggestions for Further Study

- 1. Consider re-listening to Serapis Bey's dictation through AscendedMasterLibrary.org. Search for Serapis Bey (dictation given 2/12/1966).
- 2. Consider re-listening to Mark Prophet's lectures, which are available on *Discourses on Cosmic Law 2* ("The Miracle of Joy") and *Discourses on Cosmic Law 4* ("The Majestic Sense of Victory") and through AscendedMasterLibrary.org.
- 3. Dictation: Serapis Bey, "The Crowning Moment: The Image of the Golden Man," given June 20, 1982, available from AscendedMasterLibrary.org and in *Pearls of Wisdom* Vol. 25 No. 36.

Victory Goal Reminder

Reflection

It has been three topics since the last check-in and reflection on your Victory Goal. Take some time to review and reflect on your goal and plan. Use the following questions as a guide to help you make further progress.

1. Take a few minutes to picture in your mind's eye what true victory for your Victory Goal looks and feels like. Then describe this picture below. After completing this, you may want to take a moment to give Mighty Victory's fiat for claiming your victory on p. 89.

2.	Which step of the 12-Step Victory Blueprint am I on? Why do I beli of the spiral?	eve I am on this step
3.	Do I feel that I am on track with pursuing my Victory Goal at this tin not? What changes or adjustments, if any, do I need to make?	ne? Why or why
4.	What have I learned while studying this topic that I can incorporate it Victory Goal?	nto pursuing my
	entify the next 2-3 actions that you can take towards achieving your Vills dates that you commit to completing these action steps to help you state.	
Actio	n Step	Complete By
1.		
2.		
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TOPIC 11 **Review of Victory Lecture 3**

Assignment

- 1. Read Mighty Victory's dictation: "Indomitable Greetings of Cosmic Victory," Pearls of Wisdom Vol. 19 Nos. 45-46, November 7 and 14, 1976 (pp. 113-119).
- 2. Review the key points, your notes and the discussions and exercises from Mrs. Prophet's lecture on this dictation, titled "Victory Lecture 3" (pp. 121-124).
- 3. Complete any exercises that you have not already completed for this portion of your workbook (pp. 121-124).

Stu

ıdy	Questions
1.	In the Part I of the dictation, how does Mighty Victory define "victory"? (p. 113)
2.	How was Mighty Victory able to attain "not only to the title of Victory, but to the being of Victory as a part of God"? Can we also do what Mighty Victory did? (p. 114)
3.	Towards the end of Part II, what call did Mighty Victory ask us to give? When should we give it and what will happen when we do? (p. 119)
4.	In the key points for Part 2, what reason does Mrs. Prophet give for why the angels come when we give Victory's call to invoke the angels? (pp. 122-123)
5.	Why does Mrs. Prophet say that it is "easy for the human mind to accept limited conditions"? What does she say that we need to do about this problem? (p. 123)

6. Re-read Mighty Victory's dictation and make a list of all of the things that he asks us to "accept," "understand" and "realize." (pp. 113-119)

Exercise: Every Grain of Sand

During the dictation that we studied in this topic, Mighty Victory said:

Humanity have for thousands of years accepted the principle that they need to rob their brothers, because they are not satisfied that the abundance of God's love has provided enough through the avenues of nature; therefore, they reach out and take that which is not their own. They do not understand the one fiat by which I invoke the angels. And now I will invoke them: "The earth is the Lord's, and the fullness thereof!"

As I spoke these words, every grain of sand upon the planet recorded them. You think, perhaps, that these are being recorded only upon electronic tape. Let me tell you that every grain of sand, every drop of water, every portion of all substance has recorded my words tonight because I speak with the authority of God. And I have delivered unto the world this, my fiat: "Victory, victory, victory, victory, victory!"—billions and billions of times written upon the sands of the planet. You cannot handle a grain of sand or substance from now on without knowing that the word "victory" is upon it.⁴

For this exercise, enjoy some time in nature! Go outside and find a quiet place to spend some time reflecting on Mighty Victory's statement. Choose an object in nature and imagine what it would look like if you could see the word "victory" on every cell of it. Multiply this

³ Pss. 24:1.

⁴ Mighty Victory, "Indomitable Greetings of Cosmic Victory, Part I," *Pearls of Wisdom* vol. 19 no. 45, November 7, 1976.

visualization to everything you can see around you. Feel this manifestation of the flame of victory pulsating around you and through you.

Conclude your exercise by affirming the truth of Mighty Victory's words by smiling in your heart. You may wish to record your realizations in your journal or workbook.

Suggestions for Further Study

- 1. Consider re-listening to this dictation, which is available on *The Mandate of Victory* mp3 companion album, and through AscendedMasterLibrary.org. Search for Victory (dictation given 1/3/1971).
- 2. SU online extension course: RELS 0201 The Victory Way of Life (available for purchase at http://summituniversity.org/StudyRELS0201; use coupon code STUDY20 by August 31, 2018 to receive a 20% discount)
- 3. Continue your studies with Mighty Victory through the book *The Mandate of Victory* (2017, Summit University Press) and the mp3 companion album by the same title.

Victory Goal Reminder

Reflection

1. What have I learned while studying this topic that I can incorporate into pursuing my Victory Goal?

Action

Identify the next 2-3 actions that you can take towards achieving your Victory Goal. Give yourself dates that you commit to completing these action steps to help you stay on track.

Action Step	Complete By
1.	
2.	
3.	

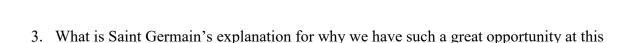
TOPIC 12 Dictation by Saint Germain, "For the Victory!"

Assignment

1. Read Saint Germain's dictation: "For the Victory!" *Pearls of Wisdom* Vol. 35 No. 44, October 18, 1992 (pp. 207-213).

Study Questions

1.	At the beginning of his dictation, Saint Germain says that he is standing in what? What color is it? (p. 207)
2.	What does Saint Germain say that we should do "for the victory"? What should we give to ourselves, the earth and all whom we meet? (p. 208)



4. What is Saint Germain's message to us? What does he say life is for? (p. 212)

Suggestions for Further Study

time in history? (p. 210)

1. Consider re-listening to Saint Germain's dictation, which is available on the *Freedom 2015 Summer Conference Album* and through AscendedMasterLibrary.org. Search for Saint Germain (dictation given 7/4/1992).

- 2. Dictation: Saint Germain, "America in 1976," given December 30, 1975. Available on *The Challenge of Initiation* mp3 album and through AscendedMasterLibrary.org and can be read in *The Greater Way of Freedom* (1976).
- 3. Saint Germain is one of many ascended masters who have spoken extensively on the concept of victory. Consider researching what he and other ascended masters have said on this topic.

Exercise: Act for the Victory!

Saint Germain's dictation is very much a call to action—to act for the Victory! How have you answered this call in the weeks and months following the summer seminar? How can you continue to answer this call? For this exercise, take some quiet time to reflect on Saint Germain's words and this question and record your answers in your workbook or journal.

Following is a recommended meditation you can give for this exercise:

Close your eyes and visualize yourself in your seat in King Arthur's Court hearing this dictation. See your Holy Christ Self standing over you and see beloved Saint Germain in front of you. Send a wave of love and gratitude as a pink ray from your heart to his. See and feel his love return to your heart on a figure-eight flow.

Reflect on the past several weeks and months since the summer seminar and how you have already answered Saint Germain's call. Ask Saint Germain and your Holy Christ Self what it is you can now do to answer Saint Germain's call even more. Listen for the answer. Determine in your heart that you will answer this call. Dedicate your commitment and new thrust to the heart of your I AM Presence, Mighty Victory and Saint Germain with a call. To conclude your meditation, you may wish to read out loud an inspiring passage from this dictation as an affirmation of your inner commitment.

Victory Goal Reminder

Reflection

In this last topic, it is important to take some time to reflect on your Victory Goal progress during this study guide and on what you will do to keep the momentum going on your work towards your goal. Use the following questions to guide you in this reflection.

1. Reflect on your Victory Goal progress during your time working with this study guide. What actions and steps have you achieved? How far have you come?

2.	Which step of the 12-Step Victory Blueprint am I on? Why do I belief of the spiral?	ieve I am on this step
3.	What can I do to keep the momentum going on my Victory Goal wo can I put in place to keep working towards this goal?	rk? What reminders
4.	What have I learned while studying this topic that I can incorporate it Victory Goal?	nto pursuing my
	entify the next 2-3 actions that you can take towards achieving your V If dates that you commit to completing these action steps to help you	
Actio	n Step	Complete By
1.		
2.		
3.		

WHAT'S NEXT? CONTINUING YOUR STUDIES

We at Summit University hope you have enjoyed this free study guide on our summer seminar and that you found it to be a helpful tool in reviewing and reinforcing your learning from the Summer 2017 SU Seminar in Montana.

After all this work, you may be asking, "What's next?" Following is a list of suggestions for continuing your studies:

Victory Studies

- 1. If you haven't yet done so, we highly recommend that you purchase and study *The Mandate of Victory* book (2017, Summit University Press) and its companion mp3 album by the same name to help you continue your studies with Mighty Victory. The book and the album contain all 40 dictations that Mighty Victory has given in The Summit Lighthouse. Available in English only at this time.
- 2. Summit University also offers an online course called RELS 0201 The Victory Way of Life that covers the three dictations and lectures that were studied during the summer seminar—a great refresher course for those who want it! Use discount code STUDY20 by August 31, 2018 to receive a 20% discount on this course.
- 3. And of course, look for more Victory Levels from Summit University in the future!

Other Ascended Master Teachings

- 1. Consider using this study guide as a model for how to review your workbooks from other SU seminars that you have attended. You can review your notes section by section and complete exercises that you may have missed during the seminar. Revisit reflection questions and see how you have progressed since the seminar. Study the *Pearls of Wisdom* and look for the dispensations, admonishments and keys that you can apply in your life—all for free and in your language!
- 2. Attend another SU seminar. We offer seminars all over the world throughout the year. See the upcoming seminar schedule on our website here:

 www.SummitUniversity.org/seminars
- 3. Summit University offers self-paced online extension courses on a variety of topics (available in English only). Visit www.SummitUniversity.org/courses for more information and to try a free unit.
- 4. Take your SU studies to the next level by applying to take our academic-styled courses and programs. In addition to ministerial training, we offer programs and courses in psychology, leadership, world religions, the Science of the Spoken Word, youth and families, senior care and more! Build your own program, take a program track in a specific field of interest, or simply take individual courses for credit. You can even audit courses at a discounted tuition rate and get access to all of the information without the pressure of submitting assignments. Your online learning journey begins here: www.SummitUniversity.org/GetStarted